







### **Accommodation:**

Hotel rooms have been blocked at several hotels from Jan 19<sup>th</sup> to 26<sup>th</sup> in the city centre of Mindelo about 10 to 15 minutes walking distance from the POGO-20 venue at OSCM and INDP. All hotel prices include breakfast, free and wireless internet. Tourist tax is 2.00 € per person per night, but was included in most cases as well. We kindly ask you to confirm room reservations as soon as possible. Payment in most cases needs to be effected upon check-in/arrival of your stay.

1. Terra Lodge - <http://www.terra-lodge.net/>
2. Residencial Mimagui - <http://residencialmimagui.com/>
3. OASIS Porto Grande - <http://www.oasisatlantico.com/en/portogrande/>
4. Don Paco Hotel - <http://www.donpacohotel.com/en/>
5. Foya Branca Hotel - <https://www.booking.com/hotel/cv/foya-branca.pt-pt.html>

Hotel	Contact name	Contact email	Rooms available	period	price/room/night		deadline	reservation code
					(CVE)	(EUR)		
<b>Terra Lodge</b> <a href="http://www.terra-lodge.net/">http://www.terra-lodge.net/</a>	Simone Lima	booking@terralodge.net	10 (single/twin)	21-24 Jan	8,600.67/10,364.91	78.00/94.00	16. Nov 18	POGO 20 OSCM
<b>Mimagui</b> <a href="http://www.residencialmimagui.com/">http://www.residencialmimagui.com/</a>	Jorge	residencialmimagui@sapo.cv	2 (110 m2 single)	19-26 Jan	6,983.50	63.33	30. Nov 18	POGO 20 OSCM
			1 (72m2 studio single)	19-26 Jan	6,429.25	58.31	30. Nov 18	POGO 20 OSCM
			1 (50m2 studio single)	19-26 Jan	5,764.15	52.28	30. Nov 18	POGO 20 OSCM
			1 (45m2 suite single)	19-26 Jan	6,429.25	58.31	30. Nov 18	POGO 20 OSCM
			1 (45m2 room single)	19-26 Jan	5,764.15	52.28	30. Nov 18	POGO 20 OSCM
			<b>total= 6</b>					
<b>Oasis Porto Grande</b> <a href="https://www.oasisatlantico.com/pt/porto-grande">https://www.oasisatlantico.com/pt/porto-grande</a>	Dirce Andrade	dirce.andrade@oasisatlantico.com	10 twin	19-26 Jan	13,232.00	120.00	31 Oct 18	50001646
			10 twin praca	19-26 Jan	15,217.00	138.00	31 Oct 18	50001646
			5 twin	19-26 Jan	16,540.00	150.00	31 Oct 18	50001646
			<b>total= 25</b>					
<b>Foya Branca</b> <a href="https://www.booking.com/hotel/cv/foya-branca.pt-pt.html">https://www.booking.com/hotel/cv/foya-branca.pt-pt.html</a>	Daniel Silva	reservas@foyabranca.com	6 sea view (single/twin)	19-26 Jan	7,500.00 / 8,500.00	68.02/77.09	30. Nov 18	POGO 20 OSCM
			15 junior suite (single/twin)	19-26 Jan			43434	POGO 20 OSCM
			<b>total= 21</b>					
<b>Don Paco</b> <a href="http://donpacohotel.com/en/">http://donpacohotel.com/en/</a>	Catia Brito	info@donpacohotel.com	30 (singles)	19-26 Jan	6,620.00	60.04	30. Nov 18	"2153*30/2018"

### **Meals:**

If not provided for during the conference, please find the following information:

- Breakfast is usually included with your hotel reservation. There are some places that already open in the morning hours around 09:00 am that also offer breakfast (i.e. Café Mindelo, Dokas etc.).
- For lunch, you'll find some smaller restaurants close by or a good variety in the city centre.
- For dinner, we recommend various restaurants in Mindelo. Food is fresh and not very costly (approx. 10.00 EUR).



## **HEALTH ISSUES**

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### **General info links:**

Always take note of the travel warnings and advice provided on the website of the Ministry of Foreign Affairs of your home country, as for example:

- U.K. Foreign & Commonwealth Office: <https://www.gov.uk/foreign-travel-advice>
- U.S. Department of State: <http://travel.his.com/content/passports/english/alertswarnings.html>
- Canadian Department of Foreign Affairs and International Trade: <http://travel.gc.ca/travelling/advisories>
- German Federal Foreign Office: <http://www.auswaertiges-amt.de/DE/Laenderinformationen/00-SiHi/CaboVerdeSicherheit.html>

### **Vaccination**

Most vaccinations for Cabo Verde are not obligatory, however vaccinations or an update of the usual childhood-diseases and hepatitis are recommended. If travelling from a yellow fever country, a certificate is required. Further information on health issues can be accessed via:

[http://www.nathnac.org/ds/c\\_pages/country\\_page\\_CV.htm](http://www.nathnac.org/ds/c_pages/country_page_CV.htm) or at the German Federal Foreign Office: <http://www.auswaertiges-amt.de/DE/Laenderinformationen/00-SiHi/CaboVerdeSicherheit.html>. Always take your international certificate of vaccination.

### **Travel Insurance:**

An Overseas-Travel Insurance, covering risks outside the European Union and eventually an emergency flight back home, is recommended. Standard mandatory health insurance contracts do not include those benefits.

### **Hygiene and water-borne diseases:**

Standards in hotels are quite high and often European standard. However, when travelling for the first time it is recommended to stick to the following basic rules if you tour Mindelo or visit restaurants:

- Wash hands
- Cook it or peel it
- Buy sealed bottled water for drinking
- Avoid ice cubes in soft drinks
- Carry a small travel pharmacy against gastrointestinal disorders

Sometimes salmonella infections can occur, the sources of which can be the local goat cheese “queijo di terra”, eggs, or meat not well done.



### **Malaria**

Transmittance has until today not been reported for the Island of Sao Vicente, where Mindelo is located and where the POGO-20 Annual Meeting will take place. However, if you travel through the PRAIA, you should be informed and take precautionary measures. The German Federal Foreign Office recommends malaria vaccination or prophylaxis and the usual cautious measures for mosquito transmitted diseases. The Island of Santiago has been the only one reported with transmittance. The numbers of new infections for the month of October have significantly decreased (34) again as against in September (132), with a slight increase again during the last three days. If you stay at the airport or head directly to the hotel, the risk of transmittance is very low.

### **Zika Virus:**

Occurrence has also been reported. Pregnant woman are advised not to travel to CV.

### **Swimming:**

ONLY go swimming where locals are and never farther out than them!!! Cabo Verdean waters can be DANGEROUS! Mindelo city beach Laginha and Baia das Gatas are the only really "safe" waters on Sao Vicente Island. Never judge yourself stronger or smarter than the local people!!!

### **Petty Crime:**

Most visits to Cape Verde are trouble-free, but you should take sensible precautions against petty crime. Don't display your jewelry or your newest media devices, high unemployment rate among the youth. An open door may tempt the saint.

### **SITE VISITS - Mindelo and the Island of São Vicente**

A field trip with site visits to the Atmospheric Observatory and the RV Islandia will be offered during the POGO-20 Annual Meeting.

Please find a summary of interesting places in and around Mindelo and the Island of Sao Vicente, if you like to head out on your own:





**City of Mindelo:**



Fish market in Mindelo



Porto Grande Harbor and RV Islândia

**Islands of São Vicente:**



CVAO - Atmospheric Site at Calhau



Monte Verde Mountain, 750 m high, with a view to neighboring islands



Shrimp Farm in Calhau (Production start in 2018)



### **Santo Antão:**



Neighboring Island of Santo Antão can be reached by ferry daily with a 50 minutes trip back and forth. The island is very attractive for hiking along the crater “Cova”.

## **FURTHER INFORMATION**

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### **Climate:**

The archipelago has a semi-desert, sub-tropical mix of climates. The weather in Mindelo is generally dry and mild. In January the average day/night temperatures are 23°C/19°C (74°F/66°F). At night, a fresh breeze from the ocean may want you to put on a cardigan, a pullover or jacket.

### **Voltage**

In Cabo Verde the standard voltage is 230 V. The standard frequency is 50 Hz. The power sockets used are European Standard (Type C/F).

### **Contact Information**

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